

The image displays two fretboard diagrams, each with six horizontal lines representing strings 1 through 6. The diagrams illustrate string movement patterns for a guitar exercise.

**Diagram 1 (Top):**

- String 6: A red number **3** is positioned below the line.
- String 5: A black number **1** is positioned below the line.
- String 4: A blue arrow points down from the line.
- String 3: A blue arrow points up from the line.
- String 2: A blue arrow points down from the line.
- String 1: A blue arrow points up from the line.

**Diagram 2 (Bottom):**

- String 5: A red number **3** is positioned below the line.
- String 4: A black number **1** is positioned below the line.
- String 3: A black number **2** is positioned below the line.
- String 2: A blue arrow points down from the line.
- String 1: A blue arrow points up from the line.